



# Brain Injury Association of New Jersey

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## Acquired Brain Injury

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Arnold-Chiari Malformation  
Chiari Malformation  
Wernicke-Korsakoff Syndrome

### **Aneurysm**

What You Should Know about Aneurysms  
Subarachnoid Hemorrhage

### **Anoxia**

Anoxic Brain Injury  
Anoxic Brain Injury: Ask the Doctor  
Anoxic Encephalopathy  
Hypoxic-Anoxic Brain Injury

### **AVM**

What You Should Know about AVMs

### **Brain Tumor**

American Brain Tumor Association brochure  
Coping with a Brain Tumor Part 1: From Diagnosis to Treatment  
Coping with a Brain Tumor Part 2: During and After Treatment  
Coping with your Loved One's Brain Tumor  
Financial Assistance (American Brain Tumor Association)  
Life After Brain Tumor

### **Stroke**

American Stroke Association brochure  
Stroke (Family Caregiver Alliance)  
Strokes: A Guide for the Family (American Heart Association)  
Young Adults Surviving Stroke

## Alternative Treatments

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Animal Assisted Therapy  
"Ask the Doctor": Craniosacral Therapy  
Hippotherapy Lists  
Hyperbaric Oxygen Therapy for TBI  
Sound Medicine—Music Therapy

## Assistive Technology

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### **AT Evaluation and Providers**

Assistive Listening Technology Loan Program  
Assistive Technology Evaluations  
Assistive Technology Evaluation Centers in NJ  
Back in Action: Used Assistive Technology Catalog  
BIA of America's Web-Based Catalog of Portable Electronic Devices for Memory and Organization  
CARTWHEEL: A Directory of Assistive Technology Services in NJ

Community Access to Rehabilitation Equipment  
Service Dog Providers in New Jersey  
Technology Lending Center of UCP of NJ

### **General Information on AT**

Assistive Technology and Special Education—Students' and Families' Rights  
Assistive Technology for Cognitive Rehabilitation  
Assistive Technology for Individuals with Cognitive & Psychiatric Disabilities  
Assistive Technology for Individuals with TBI  
Family Guide to Assistive Technology

### **Guides for Funding AT**

Funding for Assistive Technology—Devices and Services  
Guide for Funding AT through CBVI  
Guide for Funding AT through DDD  
Guide for Funding AT through DVRS  
Guide for Funding AT through Medicaid  
Guide for Funding AT through Medicare  
Guide for Funding AT through Private Insurance  
Guide for Funding AT through Special Education  
The Public School's Special Education System as an AT Funding Source

## **Caregiver and Family Issues**

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### **Advocacy**

Advocacy Tips for Family Caregivers  
Guide to Improving Doctor / Caregiver Communications  
Smart Strategies: Your Workplace Rights When an Immediate Family Member Suffers TBI

### **Parents of PWBIs**

Brain Injury: A Parent's Journey  
Relating to an Adult Child at Home After Brain Injury

### **Siblings and Children of PWBIs**

Brothers and Sisters  
Brothers and Sisters: Brain Injury is a Family Affair  
Helping Brothers and Sisters  
How to Talk to Children about Brain Injury  
Providing Support to Siblings of Children with ABI  
Siblings and Peers: Understanding TBI in their Own Way

### **Skills for Caregiving**

Caring for Adults with Cognitive and Memory Impairments  
Challenges, Changes, and Choices: A Brain Injury Guide for Families and Caregivers  
Coping Effectively with Loss and Change—A Guide for Families and Friends  
Finding and Evaluating TBI Research on the Internet  
Hands-On Skills For Caregivers  
In-Home Caregiver Education & Support Program  
Practical Skills Training for Family Caregivers

### **Spouses and Partners of PWBIs**

Coping with Brain Injury—An Approach for Spouses  
Healing Your Marriage After Brain Injury  
Relationship Issues in TBI  
Spouses of Persons Who Are Brain-Injured: Overlooked Victims  
Who Ever Said Marriage Would Be Easy after Brain Injury?  
Well Spouse Foundation  
United Front—Support for Couples

### **Stress Management**

Caregiving and Ambiguous Loss  
Caregiving and Depression  
First Care for Yourself  
First Steps for New Caregivers  
Stress Management Following Brain Injury: Strategies for Families & Caregivers

### **Other Family Issues**

Holding a Family Meeting  
How TBI Affects the Family  
Life with a Brain Injury: Preparing Yourself and Your Family  
Mapping the Moral Landscape: Families and Persons with TBI  
Parenting Post TBI  
Sexuality is a Family Matter  
Support Groups Can Make a Difference for the Entire Family

## **Coma**

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Coma Guide for Caregivers  
Coma Information  
Coma or Reduced Level of Awareness?  
Coma Stimulation  
Cognitive Function in the Locked-In State  
Facts about the Vegetative and Minimally Conscious States After Brain Injury  
Glasgow Coma Scale: How it is Scored  
Glasgow Scale and Severity of Injury: Ask the Doctor  
Interacting with Persons who are Confused and Agitated  
Knocked Out: What is Medically Induced Coma?  
Life Can Be Worth Living in Locked-In Syndrome  
Locked-In: Don't Judge a Book by its Cover  
Locked-In Syndrome: Advances in Communication Spur Rehabilitation  
Rancho Los Amigos Scale  
Waking Up  
What If There is Something Going On in There?

## **Community Reintegration**

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Driving after Brain Injury: Issues, Obstacles, and Possibilities  
Expanding Your Social Network  
How and Where Can I Meet New Friends or People to Date?  
Safe Driving After Brain Injury

What I Really Want is a Girlfriend: Meaningful Social Interaction after TBI  
What to Tell People About Your Injury

### **Community Support Services**

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#### **Community Based Services**

Ask Me About Olmstead  
Community Care Options—Family Caregiver Alliance  
Community Choice  
Guide to Nursing Facility Transitions and Independent Living Centers  
NJ Statewide Independent Living Council  
Personal Assistance Services Program

#### **Home Health and Personal Assistance**

2009—2010 NJ Home Care Member Directory  
Employing Personal Care Attendants: Advice from Experts  
Hiring In-Home Help: Family Caregiver Alliance  
Home Care: A Family Caregiver's Guide  
When Home Care Ends: A Family Caregiver's Guide

#### **Supported Living**

Assisted Living and Supportive Housing: Family Caregiver Alliance  
Meeting Personal and Complex Medical Needs in a Home Just Down the Street

### **Consequences of Brain Injury**

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#### **Behavioral**

Adjusting to Emotional Deficits after Brain Injury  
Anger Following Brain Injury  
Anger: Managing Intense Emotions  
Behavior Changes and Brain Injury: The Road to Rehabilitation  
Behavior Interventions: A Guide for Families  
Can Families Manage Behavioral Programs in Home Settings?  
Coping with Behavior Problems after Brain Injury  
Coping with Depression after TBI  
Denial  
Denial & Disability  
Depression and Traumatic Brain Injury  
Drugs for Management of Acute and Chronic Behavioral Disorders  
Emotional and Behavioral Changes Following Brain Injury  
How to Clean Up Stinking Thinking and Cope Better with Negative Emotions  
Impaired Cognition and Behavior Problems—Double Trouble!  
Interventions for Behavioral Problems after Brain Injury  
Long-Term Psychosocial Problems  
Medications and Behavior  
Neuroanatomy of Behavior after Brain Injury  
Neurological Illness and Anger  
Personality Changes Following Brain Injury  
Psychological Factors Affecting Behavior: Depression after Brain Injury  
Re-Establishing Self-Control after a Brain Injury

Understanding Your Emotions  
Why People Feel Lonely Even When Around Family Members and Friends

### **Cognition / Memory**

Am I Nothing But What I Remember?  
Cognition is the Key to the Way We Think and Act  
Cognition / Memory and Brain Injury: The Road to Rehab Series  
Cognitive and Communication Disorders  
Convincing Your Family About Your Memory Problems  
Difficulty with Memory after Brain Injury  
Getting Things Done After Brain Injury  
I'd Like You To Meet What's-Her-Face: Strategies for Remembering Names  
Making Decisions  
Now What Did I Come Here For?  
Practical Suggestions for Problem-Solving and Social Communication  
Remembering Goals and Decisions after Brain Injury  
Remembering to Take Action  
Remembering What I Read  
Selective Memory  
Setting Goals and Following Through  
Strategies for Improving Memory  
Use of Rhymes and Mnemonics for Teaching Cognitive Skills to Persons with ABI  
Using Memory as a Strength

### **Fatigue**

Sleep Disorders  
Sleep Disturbances Following Traumatic Brain Injury  
TBI and Associated Fatigue  
What Research Has Been Done on Fatigue?

### **Pain**

Pain ("Ask the Doctor")  
Pain Management  
Post-Traumatic Headaches and Brain Injury (Road to Rehab Series)

### **Psychiatric**

Axis I and II Psychiatric Disorders after Traumatic Brain Injury  
Can Traumatic Brain Injury Cause Psychiatric Disorders?  
Psychiatric Problems after Brain Injury ("Ask the Doctor")  
PTSD—National Center for PTSD Information

### **Spasticity**

Spasticity Management (Road to Rehab Series)

### **Speech**

Aphasia: When Speech is Lost  
Educating Others About Slurred Speech  
Speech, Language and Brain Injury (Road to Rehab Series)  
Questions about Speech and Communication after Brain Injury  
Understanding Aphasia

## **Vision**

Acquired Brain Injury and Hidden Visual Problems  
Clinician's View of the Care of the Patient with Brain Injury, Related Eye and Vision Problems  
Commission for the Blind and Visually Impaired  
Post-Traumatic Vision Syndrome  
Restoration of Vision in Persons with Brain Injury  
Sight Lines: Vision Therapy Can Correct Deficiencies from Hemianopsia  
Vision is Our Dominant Sense  
Vision Problems Following a Traumatic Brain Injury

## **Deaf**

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American Sign Language Interpreter Referral Services  
Deaf Contact Center  
NJ Association of the Deaf-Blind Inc.

## **DDD**

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DDD Intake: What Happens After That First Phone Call  
DDD Overview of Services (DDD)  
DDD: An Overview of Services (COSAC)  
Eligibility for Services through DDD  
Individual Habilitation Plan  
Obtaining Residential Services from DDD  
Some Options in Community Living  
Your Guide to Creating an Individual Habilitation Plan

## **Education**

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### **Accommodations and Strategies**

Advance Organizers (LEARNet)  
Approaches to Teaching: Traditional Training versus Apprenticeship (LEARNet)  
Errorless Learning (LEARNet)  
Cognition and Conversation (LEARNet)  
Cognitive and Learning Strategies (LEARNet)  
Cognitive Intervention and Rehabilitation (LEARNet)  
Instructional Pacing (LEARNet)  
Instructional Routines (LEARNet)  
Teaching Strategies for Students with BI  
Testing Accommodations for Students with Disabilities  
Therapies in School  
Transfer of Training (LEARNet)  
Transition Routines (LEARNet)  
TBI and Teens: Info for School Administrators  
School Accommodations for Students with BI  
SPAN Brochure: Related Services

### **Behavior / Communication Problems and School**

Anger Management and Aggression (LEARNet)  
Anxiety Management (LEARNet)

Behavior and Behavior Problems after TBI (LEARNet)  
Behavior Management – Contingency Management (LEARNet)  
Behavior Management – Prevention Strategies (LEARNet)  
Behavioral Challenges in Children: Linking School and Home (LEARNet)  
Depression Management (LEARNet)  
Discipline (LEARNet)  
Handle With Care: School Integration: Addressing Behavior Needs of Children Following BI  
Impulsiveness (LEARNet)  
Managing Challenging Behaviors in the Classroom  
Noncompliance (LEARNet)  
Positive Behavior Supports (LEARNet)  
Positive Communication Alternatives to Negative Behavior (LEARNet)  
Run A Reverse Left: Communication Disorders after BI

### **Cognitive and Socialization Problems**

Attention (LEARNet)  
Cognition (LEARNet)  
Cognitive Egocentrism and Theory of Mind (LEARNet)  
Concrete and Abstract Thinking (LEARNet)  
Friendship and Peer Acceptance (LEARNet)  
Initiation (LEARNet)  
Language Comprehension (LEARNet)  
Memory (LEARNet)  
Motivation (LEARNet)  
Organization (LEARNet)  
Perseveration (LEARNet)  
Problem Solving (LEARNet)  
Reading Comprehension (LEARNet)  
Retrieval (LEARNet)  
Rigidity and Inflexibility (LEARNet)  
Self-Monitoring (LEARNet)  
Self-Regulation (LEARNet)  
Sense of Self (LEARNet)  
Slow Information Processing (LEARNet)  
Social Competence and Social Perception (LEARNet)  
Word Retrieval (LEARNet)  
Written Composition (LEARNet)

### **Evaluations and Assessments**

Neuropsychology and School  
Neuropsych Assessment and Schools  
Psychological and Neuropsychological Assessment (LEARNet)  
Requesting an Independent Evaluation  
Students with TBI: Identification, Assessment, and Classroom Accommodations  
What is a Functional Behavioral Assessment of my Child  
What is needed for a TBI School Evaluation and who should evaluate?

### **IDEA and Section 504**

My Child Doesn't Qualify for an IEP  
What are IDEA and Section 504?

SPAN: What is Section 504?

### **IEP Information**

Special Education IEP Checklist for a Student with BI  
Attending meetings to plan your child's IEP  
What you need to know before your child's next IEP meeting  
IEP meeting checklist for parents

### **Medical Problems**

Fatigue (LEARNet)  
Seizures and Seizure Management (LEARNet)

### **Parent / Educator Collaboration and Conflict**

Collaborations Between Parents and Educators: Partners or Adversaries?  
Parenting Styles (LEARNet)  
Parental Rights in Special Education  
Perception & Reality: Should I Stay or Should I Go? The School, the Law, and the Child with BI  
SPAN Brochure: Educational Rights for Students with Special Needs  
SPAN Brochure: What is Inclusion? Is it Right for my Child?  
SPAN Brochure: Your Child's Records  
Special Education Funding Alternatives: Myths and Realities  
Special Education Mediation A Guide for Parents  
When Parents and Educators Do Not Agree: Using Mediation to Resolve Conflicts  
Who is Responsible for Providing FAPE?

### **Post-Secondary Info**

College Funding for Students with Disabilities  
College Planning for Students with Disabilities  
Community Colleges and Students with Disabilities  
Going the Distance: Pursuing Post-Secondary Education after a TBI  
Post Secondary Options for Students in Transition from School to Adult Life  
Student with a Brain Injury: Achieving Goals for Higher Education  
There are No IEPs in College  
Young Adults with Brain Injury and College

### **Resources for Parents**

Resources for Parents of Students with BI  
SPAN Brochure: Overview of Services  
School Nurses: A Valuable Resource Following BI

### **Return to School after Concussion**

Back to School after a MBI or Concussion  
Concussion in Sports and Return to School Issues  
Screening Children and Adolescents with mild or moderate TBI to assist school re-entry

### **Transition from Hospital / Rehab to School**

Back to School after a moderate or severe BI  
Back to School  
Gathering Info When a Student has BI  
Top Ten Back to School Tips for students with BI

Transition Planning from Hospital to Special Education Placement In School

### **Transition Planning**

Guidelines for Transition: Basic Stuff to Know!  
Planning School Transitions for Students with BI  
School to Work: Moving from Adolescence to Adulthood  
Transition Services: Bridge between Adolescence and Young Adulthood  
Transition Planning from Hospital to School  
Great Leap Forward: Transitioning into the Adult World  
Voc Rehab Services: Can It Help You?

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## **Employment**

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### **Employer Info**

Job Accommodations for People with Brain Injury  
Understanding Brain Injury—A Guide for Employers  
Working Effectively with Employees Who Have Sustained a Brain Injury  
Work-Site Accommodation Ideas for Persons with Brain Injury

### **Family and PWBI Info**

Challenges to Working after Brain Injury and How to Overcome Them  
Employment After Traumatic Brain Injury  
Entering or Re-Entering the Workplace after a TBI  
Five Things You Should Know When Returning to Work After a TBI  
Lessons In Return to Work Following TBI: Case Studies in Long-Term Job Retention  
Volunteering—Everybody Can Be Great  
Vocational Readiness Manual  
Your Rights and Responsibilities Under Title I of the Americans with Disabilities Act

### **Services**

New Jersey's One-Stop Career Center System  
NJ Work Ability: Health Coverage That Works With You  
NJ Work Incentive Network Support (NjWINS)  
Return to Work after Brain Injury: Utilizing New Jersey's DVR Services  
Ticket to Work and Self-Sufficiency Program

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## **Financial Assistance**

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Catastrophic Illness in Children Relief Fund  
Childrens' Emergency Medical Fund  
Disabled Childrens Relief Fund  
Low Income Home Energy Assistance Program (LIHEAP)  
NJ Pediatric Patients Charitable Trust Fund  
NJ Shares  
PAAD, Lifeline, HAAAD  
Partnership for Prescription Assistance  
RX4NJ Prescription Assistance Program

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## **Housing**

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Easy Access Housing—Accessible Housing Checklist  
Foreclosure Fast Facts from the NJ Housing and Mortgage Finance Agency  
Guide to Section 8 Housing Program  
Housing Affordability Services: Department of Community Affairs  
Housing and Mortgages for People with Disabilities  
Housing Counseling Agencies in New Jersey  
NJ Homelessness Prevention Program  
NJ Home Sharing Program Directory  
Privately Financed Living Arrangements for Adults with Developmental Disabilities

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## **Inpatient Care**

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### **Discharge**

Family Caregiver's Guide to Hospital Discharge Planning  
Going Home After Rehab: A Family Caregiver's Guide  
Hospital Discharge Planning Guide (Family Caregiver Alliance)  
Planning for Your Discharge  
Return to Home After ABI: Is the Family Ready? (For Professionals)

### **General Information**

End of Life Choices: Feeding Tubes and Ventilators  
Brain Injury Rehabilitation: The Continuum of Care  
Mapping the Way: Drug Therapy and Brain Injury  
What to Expect After Brain Injury

### **Hospitalization**

A Physician Talks about Severe Brain Injury: The Basics  
Family Members: What You Can Do in the Hospital Setting  
Planning for the Future Starts Today  
When Your Loved One is Hospitalized  
Unexpected Medical Problems Can Surface After Brain Injury

### **Rehabilitation**

Admission to Inpatient Rehab Services  
Agitation (Agitated Behavior in the Acute Rehabilitation Setting)  
Guide to Selecting and Monitoring Rehabilitation Services  
How to Choose Services for Yourself and Your Loved One  
How You Can Help with Recovery: A Guide for Family and Friends  
Planning for Inpatient Rehab Services  
Planning and Preparing for the Future  
The Family: Its Crucial Role in Rehabilitation  
Therapies That Work

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## **Legal**

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### **ADA and Disability Law**

Access to State and Local Government  
Americans with Disabilities Act Technical Assistance  
Guide to Disability Rights Laws  
NJ Court Access for the Disabled  
Tips and Strategies to Promote Accessible Communication

## Understanding the ADA

### **General Information**

Brain Injury: A Guide to Your Legal Rights  
Brain Injury Litigation: A Guide for Individuals with TBI and Families  
Closer Look: TBI and Personal Injury Litigation  
Competency and Brain Injury  
Enhancing Family Decision-Making Through Elder Mediation  
Estate Planning: Letters of Intent  
Informed Consent and Psychotropic Medication  
Independent Medical Examination: Ask the Doctor  
Public Benefits in the Context of Divorce

### **Guardianship**

Does My Child with Developmental Disabilities Need a Guardian?  
Emancipation and Guardianship in NJ  
Facts about Guardianship  
Guardianship Association of NJ  
Guardianship Services of NJ  
Guardianship through the Division of Developmental Disabilities  
Power of Attorney, Guardianship and Representative Payee

### **Healthcare**

Appealing a Denial of Benefits from Managed Care  
Avoid Insult to Brain Injury  
Before COBRA Ends  
Custodial Care—An Unforeseen Emergency for Patients with TBIs  
Guide to Finding Health Insurance Coverage  
Health Care Access for Immigrants and Refugees  
LSNJ Health Care Access Project  
NJ's Charity Care Program—Finding the Answers  
Paying the Bills: Health Insurance, Disability Pay, and Attorneys  
Planning for the Future: The Importance of Advance Directives  
TBIs: Challenging HMO Guidelines—Are Patients Powerful or Powerless?

### **Legal Service Organizations**

Community Health Law Project  
Developmentally Disabled Offenders' Project (ARC of NJ)  
Disability Rights of New Jersey  
Free and Low Cost Legal Services and Advocate Services  
Legal Services of NJ  
Office of Civil Rights of NJ

### **Neurolaw**

Family / Lawyer Relationship: A Long-Term Partnership  
Guide to Selecting Legal Representation for Brain Injury  
Introduction to Neurolaw  
Lay Person's Guide to Selecting and Retaining the Most Qualified Attorney in Cases Involving TBI  
Neuropsychology Expert Witness: An Attorney's Guide to Productive Case Collaboration  
Psychological Syndromes in TBI Litigation

Recovering Compensation for Pediatric TBI  
Representing the Professional with TBI  
Role of Neuropsychologists in Brain Injury Litigation  
Securing Additional Funding from Health Insurance Companies After Lawsuits  
Selecting a Neurolawyer

### **Trusts and Future Planning**

ABCD Fact Sheet on Special Needs Trusts Alliances for Betterment of Citizens with Disabilities  
Dramatic Life Changes Require Special Attention  
Finding an Attorney  
How Structured Settlements Protect Your Financial Future  
How to Make a Special Needs Trust Really Work  
Income Only Trusts: Having Your Cake and Eating It Too  
Legal Considerations in Planning for Individuals with Disabilities  
Role of the Trustee  
Special Needs Trusts to Safeguard Disability Benefits in Personal Injury and Divorce Settlements  
Transferring Responsibility in the Event of Your Absence  
Using Life Insurance to Build An Estate  
Using a Trust for a Disabled Family Member

### **Long Term Planning**

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20 Common Nursing Home Problems—And How to Resolve Them  
An Overview of Long Term Care in NJ  
Choosing Well: Long Term Care Facilities  
Consumers' Guide to Medicaid Planning and Division of Assets  
Guide to Community-Based Long Term Care in New Jersey  
Having the Conversation About Long Term Care  
Hard Choice: Choosing Residential Care  
Long Term Planning for Individuals with Chronic Disability  
Person Centered Planning  
Planned Lifetime Assistance Network (PLAN/NJ)  
Residential Care Options  
When Short-Term Rehab Turns Into A Long-Term Stay

### **Medicaid**

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Applying for Medicaid in NJ (LSNJ)  
Finding Your Way Through Medicaid Managed Care  
Global Options Waiver  
Medicaid and Managed Healthcare in New Jersey  
NJ Medicaid Program Eligibility  
SSI and Medicaid  
What You Need to Know About Applying for Medical Assistance

### **Medicare**

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Choosing the Medicare Plan That's Right For You  
Medicare (Booklet from SSA)  
SHIP—Statewide Health Insurance Program

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### **Mental Health**

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Family Crisis Handbook  
Mental Health Association of New Jersey  
NAMI New Jersey  
NJ Child Behavioral Health Services  
Reaching Out to Your Local Crisis Center After a Brain Injury  
Selected Listing of NJ Mental Health Resources  
Using Community Mental Health Centers  
What Families Need to Know About Community Mental Health Centers

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### **Mild Brain Injury**

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Concussion and Sports  
Coping with Mild TBI: Finances  
Expectations and the Prognosis of Mild Head Trauma  
How Can Parents Educate Their Childrens' Coaches About Concussion?  
Minor Head Injury—An Introduction for Professionals  
Mild TBI: When Symptoms Linger  
Mild Head Injury and Posttraumatic Headache  
Neuropsychology and Pathophysiology of Mild TBI and the Post-Concussion Syndrome  
Persistent Post-Concussive Syndrome  
Post-Concussive Symptomatology Checklist for Primary Healthcare Providers  
Recovering from Post-Concussive Syndrome: A Guide for Patients  
Road to Rehab Series: Journey Towards Understanding—Concussion and Mild Brain Injury

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### **Neuropsychology**

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Determining Change in Cognition Following TBI  
Neuropsychological Assessment: A Key Piece of the Puzzle Following Brain Injury  
Neuropsychological Assessment of ABI: Emphasis on Changes of Self-Definition and Experience  
Preliminary Consumer Guidelines for Choosing a Well-Suited Neuropsychologist  
Screening for Substance Abuse as Part of the Neuropsychological Assessment  
The Specifics of Neuropsych Tests  
Understanding the Neuropsychological Evaluation  
What Do Neuropsychological Tests Measure?

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### **Pediatrics**

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#### **Adolescence**

Double Trouble: Substance Abuse and TBI in Youth  
Legal Issues  
Substance Abuse  
Understanding and Preventing Teenage Brain Injury

#### **Behavior**

Diagnosing Pediatric Post-Injury Behavior

Behavior after Brain Injury  
Questions Often Asked About Behavior after Brain Injury

### **Early Intervention**

Family Rights in NJ's Early Intervention  
NJ's Early Intervention System FAQ  
Special Child Health and Early Intervention Services

### **General Information**

Assessment: What Does this Really Mean for Your Child?  
Augmentative Communication  
Bing Bang Bong: When Your Child has a Concussion  
Coma  
Communication: How Communication Changes Over Time  
Helping Brothers and Sisters  
Keeping Children Safe  
Medication Management in a Child / Adolescent with Brain Injury  
Meds After Brain Injury  
Parenting a Child with Brain Injury: A Survival Guide  
Pediatric Neuropsychology  
Resources for Parents of Children with Brain Injury  
Setting Up The Home  
Teaching Social Skills to Children with Brain Injury  
When the Very Young Child is Injured  
When Your Child Goes Home After Being Examined for Head Injury in an Emergency  
When Your Child Has a Brain Injury: Myths and Facts

### **Professionals Helping Families**

Helping Families Cope  
Right to Know: Educating Parents with a Child Has a Brain Injury  
Talking with Parents

### **Rehabilitation**

Early Recovery Guidelines for Families  
Model of Rehab... for Children with Brain Injury  
Outcomes and Assessment in Childhood Traumatic Brain Injury  
Rehabilitation for TBI in Children and Adolescents  
Roles of the Family in the Ongoing Recovery of their Child  
Role of Functional Behavior Assessment in Childrens' Brain Injury Rehabilitation

### **Shaken Baby Syndrome**

National Information, Support, and Referral Service on Shaken Baby Syndrome  
Shaken Baby Syndrome: A Major Cause of TBI  
Shaken Baby Syndrome: The Facts and Hard Realities  
What is Shaken Baby Syndrome?

### **Prevention**

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Brain Injury and the Teenager  
Equestrian Safety: Riding Taller With A Helmet

Falls and Traumatic Brain Injury: The Basics  
Helmet Facts for Parents  
Increasing the Safety of Sports on Wheels  
Playground Safety for Your Child with Special Needs  
Safety Tips for Children with Vision Loss  
Some Myths and Facts About Violence and How You Can Help  
Sports Injury Prevention—American Football  
Sports Injury Prevention—Baseball and Softball  
Sports Injury Prevention—Ice Hockey  
Sports Injury Prevention—Soccer  
Ski Helmets: Enjoy The Rush  
Teach Your Child Safe Pedestrian Habits

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### Recreation

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Accessible Facilities—NJ State Park Service  
Introduction to Supporting Individuals with ABI in Developing a Fitness Program  
Leisure Time Planning Adds to Quality of Life  
Participation in Social and Recreational Activity in the Community by PWBI  
Recreation and Leisure Services for Individuals with Disabilities  
Summer Recreational Activities for Children and Adolescents with Brain Injury  
Therapeutic Riding Directory  
Very Special Arts of New Jersey

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### Rehabilitation

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#### **Cognitive and Functional Rehabilitation**

Be Your Own Best Friend  
Cognitive Exercises  
Cognitive-Behavior Psychotherapy  
Cognitive Impairments in TBI: Pharmacological Treatment Considerations  
Cognitive Rehabilitation  
Cognitive Rehabilitation: Help for Attention, Memory, and Other Problems with Thinking  
Cognitive Rehabilitation: The Evidence, Funding, and Case for Advocacy in Brain Injury  
Compensatory Strategies for People with TBI  
Resources for Cognitive Therapy  
Tips for Building Routines

#### **Emotional Aspects of Recovery**

Counseling and Brain Injury: A Post-Rehab Support View  
Emotional Stages of Recovery  
Adjusting to Traumatic Brain Injury—The Role of a “Sense” of Self  
Letting Go: Steps to Independence  
Nurturing Your Sense of Self  
Psychotherapy Throughout the Course of Recovery from Traumatic Brain Injury  
Self-Esteem After Brain Injury

#### **General Information**

Creative Therapy: Relevance  
Creative Therapy: Willie, Dancing, and Rehab

Developing a Low-Cost Brain Injury Rehabilitation Program: Guidelines for Family Members  
Living with Brain Injury: Post-Rehabilitation Recovery  
Mapping the Way—Drug Therapy and Brain Injury  
Maximal Medical Improvement  
Non-Pharmacological Treatment Options  
Plateau  
Post-Rehabilitation Recovery (Living with Brain Injury)  
Recovering from Brain Injury—A Continual Process  
Recovery from Brain Injury—Defined

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### **Respite**

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Respite—A Gift of Time  
Respite Providers / Lists  
STARS: Statewide Training and Respite Services  
Statewide Respite Care Program

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### **Seizures**

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A Closer Look: Seizures  
Epilepsy as a Consequence of Brain Injury  
Medical Issues: Seizures  
Risk Factors for Early Post-Traumatic Seizures  
Seizures and the Brain  
Seizure Information: Descriptions  
The Seizures No One Wants to Talk About

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### **Self-Advocacy**

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Dealing Effectively with Your Doctor  
Dealing with Doctors  
How to Be Your Own Brain Injury Case Manager  
How to Find What You Need

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### **Seniors**

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Aging with Brain Injury: Long Term Issues  
Brain Injury and the Elderly  
Brain Injury and the Elderly: A Perilous Yet Preventable Epidemic  
EASE: Easy Access Single Entry  
Effect of Aging on People with Brain Injury  
Guidelines for the Treatment of Agitation in Older Persons with Dementia  
Statewide Benefits for Older Persons (NJDHSS)  
TBI and Older Adults

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### **Sexuality**

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Adolescents with Brain Injury: Issues of Sexuality  
Blindsided  
Coping with Sexual Problems after TBI

Sexuality and Substance Abuse in TBI  
Sexuality Following a Brain Injury  
Sexuality is a Family Matter  
Sexuality Issues Among Survivors of TBI  
TBI in Gay and Lesbian Persons

## **Social Security**

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Ask the Lawyer - SSDI and SSI Programs  
Appeals Process  
Benefits for Children  
Disability Benefits: A Guide Through the Social Security Maze  
Frequently Asked Questions  
Figuring Out Social Security Benefits After a TBI  
How We Decide if You Are Still Disabled  
How Workers Compensation and Other Disability Payments May Affect Your Benefits  
Important Info for Parents and Guardians about SSI for Children  
NJWINS Flyer  
Social Security Disability and SSI Claims: Your Need for Representation  
SSDI Process  
Supplemental Security Income: So You Have Decided to Apply  
Supplemental Security Income: Your Right to Appeal  
Trauma and Disability Part I: Social Security Disability Insurance  
What You Should Know Before You Apply for SSD Benefits  
When a Representative Payee Manages Your Money  
Your Right to Question the Decision to Stop Your Disability Benefits

## **Spanish**

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### **Consequences of Brain Injury**

Head Injuries: What to Watch for Afterwards  
Personality Changes Following Acquired Brain Injury  
Traumatic Brain Injury: Cognitive and Communication Disorders

### **General Information**

Brain Injury and You  
Disability Rights New Jersey  
One-Stop Career Center  
Questions About TBI  
Return to Work—A Personal Perspective  
Selecting a Neurolawyer  
Social Security—Information in Spanish  
Stroke: The Brain's Equivalent of a Heart Attack  
Substance Abuse and Brain Injury  
What is a Coma?  
What is a Support Group?  
What You Should Know About Hidden Injury: Minor Head Injury

### **Pediatrics**

Benefits for Children with Disabilities (Social Security Administration)

Concussion in Sports  
New Jersey's Early Intervention System FAQ  
Shaken Baby Syndrome  
What is Shaken Baby Syndrome?

### **Prevention**

BIAA Prevention Fact Sheets  
Helmets for Children: A Guide for Parents  
How to Prevent Brain Injury

### **Rehabilitation**

Guide to Selecting and Monitoring Brain Injury Rehabilitation Services  
Journey Towards Recovery: A Guide for Families  
Road to Rehab, Part 1: Pathways to Comfort: Dealing with Pain & Brain Injury  
Road to Rehab, Part 2: Highways to Healing: Post-Traumatic Headaches & Brain Injury  
Road to Rehab, Part 3: Guideposts to Recognition: Cognition, Memory & Brain Injury  
Road to Rehab, Part 4: Navigating The Curves: Behavior Changes & Brain Injury  
Road to Rehab, Part 5: Crossing the Communication Bridge: Speech, Language & Brain Injury  
Road to Rehab, Part 6: Mapping the Way: Drug Therapy & Brain Injury  
Road to Rehab, Part 7: Traveling Toward Relief: Dealing with Spasticity & Brain Injury  
Road to Rehab, Part 8: Journey Toward Understanding: Concussion & Mild Brain Injury

### **Special Education**

FAQ About Mediation  
Mediation in Special Education—A Guide for Parents  
Neuropsychological Assessment and Schools  
NICHY: Brain Injury and Education  
Planning School Transitions for Students with TBI

## **Special Populations**

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Head Injury and Battered Women: An Initial Inquiry

## **Sports and Concussion**

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Brain Injury in Sports  
Brain Injury on the Football Field  
Clinical Management of Sports Concussion  
Cumulative Effects of Concussion in High School Athletes  
Concussion in Sports and Return to School Issues Following Concussion  
Grade 1 or "Ding" Concussions in High School Athletes  
Heading Research  
Heads Up! Free CDC Tool Kit on Concussions for High School Coaches  
Helmets Prevent Serious Injury on Ski Slopes  
Relationship Between Post-Concussion Headache and Neuropsych Test Performance in Athletes  
Second Impact: Concussions are Nothing to Play With  
Study of Concussion Effects on High School and College Athletes

## **Substance Abuse**

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An Overview of Substance Abuse And Brain Injury  
Coping with Substance Abuse After TBI  
Denial of Substance Abuse: Symptom of Brain Injury  
Drinking After Brain Injury  
Double Trouble: Substance Abuse and TBI In Youth  
Impact of Drugs and Alcohol on Individuals with BI: Effective Treatment Outcomes  
Substance Abuse and Brain Injury  
Substance Abuse Issues after TBI  
Treatment Programs for BI and Substance Abuse In Other States

### **Transportation**

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NJ Motor Vehicle Commission State Licensing and Reporting Laws  
NJ Guide to Handicapped Parking  
NJ Transit  
NJ Transit: Questions and Answers about Access Link  
People with Disabilities Find a Ride Online

### **Veterans' Issues**

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Brain Injuries Can Range from Loss of Coordination to Loss of Self  
Brain Injury Support Group  
Community Integrated Brain Injury Rehabilitation  
Community Justice Center  
Defense and Veterans Brain Injury Center  
Disability Benefits for Wounded Warriors  
Invisible Wounds: Mental Health and Cognitive Care Needs of Wounded Veterans  
Living with Brain Injury  
Military Service and Social Security  
PTSD-Like Symptoms and Mild TBI  
Resources for Wounded Service Members and their Families  
State Activities for Service Members and Veterans with TBI  
TBI Case Managers: Defense and Veterans Head Injury Program Resource and Training  
TBIs Linked to Long-Term Health Issues for Vets  
Understanding Post-Deployment Stress Symptoms  
War on the Brain  
War Veterans' Concussions are Often Overlooked