

BRAIN INJURY BASICS FOR FAMILIES

2009



Brain injury happens in an instant.
It affects a family for a lifetime.
Come learn information that will help you and your family.

A program of the Brain Injury Association of New Jersey.

This free presentation will...

- Provide an overview of brain injury, including definitions and the rate of incidence
- Provide information on the effects of brain injury on families, including the stages of grief family members experience
- Provide information about the common consequences of brain injury: cognitive, physical, and emotional
- Provide information about strategies families can utilize and tips for caregivers
- Provide information on resources available through the Brain Injury Association of New Jersey and agencies throughout the state

**No Brain Injury Is Too Mild To Ignore,
Or Too Severe To Lose Hope**



12 free educational sessions for families are scheduled to address this important topic.

- **January 21, 7:00-9:00pm, Wednesday, Ocean County** – The Ocean Club’s Family Resource Center, affiliated with Southern Ocean County Hospital, Route 9 South, West Creek, NJ 08092
- **February 24, 6:30-8:30pm, Tuesday, Middlesex County** – Robert Wood Johnson University Hospital, EMS Building, 126 Paterson Street, 2nd Floor Classroom, New Brunswick, NJ 08903
- **March 19, 6:30-8:30pm, Thursday, Hudson County** – Jersey City Vet Center, 110A Meadowlands Parkway, Suite 102, Secaucus, NJ 07094
- **April 1, 7:00-9:00pm, Wednesday, Camden County** – Cooper University Hospital, One Cooper Plaza, Camden, NJ 08103
- **April 28, 6:30-8:30pm, Tuesday, Essex County** – Kessler Institute for Rehabilitation, 1199 Pleasant Valley Way, West Orange, NJ 07052
- **May 6, 6:30-8:30pm, Wednesday, Morris County** – Kessler Institute for Rehabilitation, 201 Pleasant Hill Road, Chester, NJ 07930
- **June 4, 6:30-8:30pm, Thursday, Atlantic County** – PLUS NeuroRehabilitation, 235 W. White Horse Pike, Egg Harbor City, NJ 08215
- **September 9, 6:00-8:00pm, Wednesday, Salem County** – Memorial Hospital of Salem, 2nd Floor Patient Communication & Education Center, 310 Woodstown Rd., Salem, NJ 08079
- **October 15, 6:00-8:00pm, Thursday, Essex County** – Universal Institute, 15-17 Microlab Road, Suite 101, Livingston, NJ 07039
- **November 4, 6:30-8:30pm, Wednesday, Mercer County** – St. Lawrence Rehabilitation Center, 2381 Lawrenceville Road, Lawrenceville, NJ 08648
- **November 19, 6:30-8:30pm, Thursday, Bergen County** - Kessler Institute for Rehabilitation, 300 Market Street, Saddle Brook, NJ 07663
- **December 8, 6:00-8:00pm, Tuesday, Middlesex County** - JFK Johnson Rehabilitation Institute, Center for Head Injuries, Great Room, 2048 Oak Tree Road, Edison, NJ 08818

What families have been saying about Brain Injury Basics for Families:

- “A very comprehensive overview of the topic of brain injury.”
 - “A lot of information in an easy to understand format.”
- “A lot of my questions were answered and I realized that my family is not alone. Many others are experiencing the same things we are.”

REGISTRATION FORM
Brain Injury Basics for Families - 2009

Please complete the information below. Please type or print clearly.

First Name:

Last Name:

Title & Organization (if applicable):

Mailing Address:

City:

State:

Zip:

Phone Number:

E-Mail Address:

Register me for the following session:

- | | | | |
|-------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> January 21 | <input type="checkbox"/> February 24 | <input type="checkbox"/> March 19 | <input type="checkbox"/> April 1 |
| <input type="checkbox"/> April 28 | <input type="checkbox"/> May 6 | <input type="checkbox"/> June 4 | <input type="checkbox"/> September 9 |
| <input type="checkbox"/> October 15 | <input type="checkbox"/> November 4 | <input type="checkbox"/> November 19 | <input type="checkbox"/> December 8 |

In addition to Brain Injury Basics for Families, the Association also offers the following educational opportunities:

- **Annual Seminar:** A 2-day conference on May 20-21, 2009 for professionals, family members and people with brain injury to learn more about the most recent developments in the field of brain injury and services available for those affected by brain injury.
- **Regional Trainings:** Free full-day trainings in the spring for health & human service workers to learn more about brain injury.
- **Sessions for Parents & School Professionals:** Free evening sessions in the fall and spring for parents and school professionals to learn more about the unique issues faced by school-aged children and adolescents who have sustained brain injuries.

If you would like to learn more about these educational opportunities, sign up for E-News today by providing your e-mail above and checking yes below, or visit our website at www.bianj.org.

Would you like to receive E-News, our monthly electronic newsletter? Yes

Please mail or fax registration to: Brain Injury Association of New Jersey, 825 Georges Road, 2nd Floor, North Brunswick, NJ 08902, Fax: (732) 745-0211 or register online at www.bianj.org. Directions to the sites will be included in your registration confirmation. Directions are also available online at www.bianj.org in the Brain Injury Basics section.

For more information, please contact the Brain Injury Association of New Jersey:

Telephone: (732) 745-0200

Helpline: 1-800-669-4323

Fax: (732) 745-0211

Website: www.bianj.org

E-Mail: info@bianj.org



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DATED MATERIAL

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FOR FAMILIES
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Our mission is to support and advocate for individuals affected by brain injury and raise public awareness through education and prevention.

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Each session will be facilitated by Peggy DiTommaso, MSW. Peggy has worked with families affected by brain injury at both the trauma center level and in brain injury rehabilitation. For over 20 years, Peggy has volunteered her time as the support group leader for the Brain Injury Association of New Jersey affiliated support group in Monmouth County.
