

QUESTIONS . .

There are many things to think about and learn as your loved one returns home. This list of questions may serve as a guide for issues to consider and discuss with the healthcare team prior to discharge. The list is not intended to be comprehensive, and some questions may not apply to your situation.

Brain Injury Association of New Jersey, Inc.

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The Brain Injury Association of New Jersey, Inc. is a statewide membership organization dedicated to providing education, outreach, prevention, advocacy, and support services to all persons affected by brain injury and to the general public.

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QUESTIONS TO CONSIDER BEFORE DISCHARGE



Brain Injury Association of New Jersey, Inc.

A Chartered State Affiliate
of the Brain Injury Association
of America

MEDICAL

Does my loved one need medical follow-up and outpatient therapy? Have the appointments been scheduled? Will my insurance cover the cost?

Are home care services required? Will my insurance cover the cost? What agency is supplying the services? Have they been scheduled?

Do I have prescriptions for outpatient therapies, home care services and equipment?

What are some things I can do to assist with personal care and rehabilitation?

What medication will my loved one be taking? What is the medication schedule? Will I be given an adequate supply with refills, or do I need additional prescriptions? Is this a standard drug or will the pharmacy need to specially order it?

Will my loved one need to follow a special diet?

Do I know how to contact the doctors who have been caring for my loved one?

Who do I contact in an emergency?

Have I prepared a plan in the event of an emergency? For example, who will accompany the patient and who will watch the children?

Have I gathered all pertinent medical records?

Is my loved one safe to be left alone? What

EQUIPMENT/HOME MODIFICATIONS

Will my loved one require special equipment? Will my insurance cover the costs? What company is supplying the equipment? Has it been ordered?

Do I know how to use the special equipment?

How do I properly assist with transfers from the wheelchair, bed, commode or car?

Do I need to consider special modifications for my home, such as wheelchair ramps, or accessible bedroom and bathroom?

Do I have comfortable, functional clothing for my loved one to wear?



EDUCATION AND WORK

Have I contacted my loved one's school or place of employment to inform them of the injury?

What therapy and education services must the school system provide for my child? Do I have prescriptions from the doctor for these therapies?

FINANCES, SUPPORT AND COMMUNITY RESOURCES

Have I explored financial resources, for example; disability insurance, Social Security and Medicaid?

What transportation resources are available?

What is respite care? Is it available to me? How do I apply for it?

Have I been made aware of available community resources, and do I have them in written form?

Do I have a spiritual support system, a church, synagogue or temple, that could provide emotional and pastoral support?

Who are the people available and willing to provide ongoing support, for example; professionals, clergy, family, friends, and neighbors?

Do I have the phone number of the Brain Injury Association of New Jersey, Inc. for additional concerns?

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For additional information:

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