

## Questions to ask when choosing:

# DAY REHABILITATION

### For Individuals with Traumatic Brain Injury (TBI)

Developed through a collaboration of the Brain Injury Associations of Florida, Montana, and New Jersey.

When choosing a day rehabilitation facility to fit the needs of an individual who has sustained a traumatic brain injury, knowing what to ask can help you make the best possible selection. The checklist below is a good place to start. Check each box that can be answered with a "yes." The facility that receives the most checkmarks is likely to be the best choice for your loved one. We urge you to visit the facility in person before making your decision. Additional considerations are listed on page 2.

	Facility/Notes	Facility/Notes	Facility/Notes
<b>CRITERIA FOR FACILITY/PROGRAM</b>			
Is the program covered by my insurance or funder?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the program accredited/licensed by the following agencies?			
Commission of Accreditation of Rehabilitation Facilities (CARF)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Joint Commission on Accreditation of Healthcare Orgs. (JCAHO)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the staff specifically trained to treat individuals with brain injuries?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Will the initial evaluation specify how long it will take to meet program goals?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a board certified Psychiatrist (Rehabilitation Physician) on site?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a board certified Neuropsychologist on site?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the initial rehab team work with the patient throughout treatment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your interdisciplinary team include:			
• Behavioral Management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Cognitive Rehabilitation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Physical Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Rehabilitation Nursing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Speech and Language Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Family Counseling/Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Community Reintegration training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Occupational Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the therapists licensed and/or certified?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the program provide a daily schedule?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the program provide transportation to and from the facility?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the program adjusted to suit patients' individual needs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the facility provide an outpatient program?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can the family visit and observe the program / facility prior to admission?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you provide resources and services for caregivers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can the facility provide references from previous patients and/or families?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>TOTALS:</b>			

**Questions to ask when choosing:**

**DAY REHABILITATION**

*For Individuals with Traumatic Brain Injury (TBI)*

	Facility/Notes	Facility/Notes	Facility/Notes
<b>ADDITIONAL CONSIDERATIONS</b>			
How many individuals with brain injuries does your facility treat each year?			
How many of these individuals have the same type of brain injury as my family member?			
What is the ratio of staff to patients in nursing and therapy?			
Do you use outside agency nurses?			
Is therapy administered by a therapist or a therapy aide?			
How is therapy administered? What does a typical therapy day look like?			
Are most therapies provided individually, in a group, or a mix of both?			
How often are patient conferences held?  How are the patient and family/caregivers involved in the team conferences?			
Does the facility communicate with the family in preparing for a discharge plan?			
Does the facility provide a residential program?			
Will the family receive a written discharge plan to address issues such as vocational rehab, counseling and living arrangements?			
Comments:			