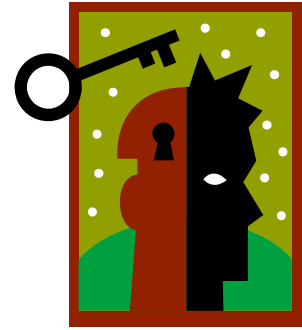


BRAIN INJURY BASICS & ADJUSTMENT TO BRAIN INJURY 2012



Brain injury happens in an instant.
It affects a family for a lifetime.
Come learn information that will help you and your family.

Brain Injury Basics

This free presentation will...

- Provide an overview of brain injury, including definitions and the rate of incidence
- Provide information on the effects of brain injury on families, including the stages of grief family members experience
- Provide information about the common consequences of brain injury: cognitive, physical, and emotional
- Provide information about strategies families can utilize and tips for caregivers
- Provide information on resources available through the Brain Injury Association of New Jersey and agencies throughout the state

Adjustment to Brain Injury

This free presentation will...

- Provide an overview of the changes that occur after brain injury
- Provide information about how people with brain injury and family members adjust to living with a brain injury
- Provide information about grieving and coping following brain injury
- Provide information about choices for coping and empowerment

**No Brain Injury Is Too Mild To Ignore,
Or Too Severe To Lose Hope**

8 free Brain Injury Basics sessions:

- **January 25, Wednesday, 6:00-8:00pm, Burlington County-** NeuroRestorative, 8008 Route 130 North, Building C, Delran, NJ 08075
- **March 1, Thursday, 6:00-8:00pm, Camden County** – Bancroft NeuroHealth, 201 South Kings Highway, Cherry Hill, NJ 08034
- **March 27, Tuesday, 6:00-8:00pm, Middlesex County** – Children’s Specialized Hospital, 200 Somerset Street, New Brunswick, NJ, 08901
- **April 19, Thursday, 2:00-4:00pm, Cape May County** – Cape May Regional Medical Center, 2 Stone Harbor Boulevard, Cape May Court House, NJ 08210
- **April 26, Thursday, 6:30-8:30pm, Bergen County** – The Chiang Auditorium at Englewood Hospital and Medical Center, 350 Engle Street, Englewood, NJ 07631
- **May 15, Tuesday, 6:00-7:30pm Hudson County-** Jersey City Medical Center, 355 Grand Street, Jersey City, NJ 07302
- **September 25, Tuesday, 6:00-8:00pm, Essex County** - Kessler Institute for Rehabilitation, Main Conference Room, 1199 Pleasant Valley Way, West Orange, NJ 07052
- **October 3, Wednesday, 6:30-8:30pm, Mercer County-** St. Lawrence Rehabilitation Center, 2381 Lawrenceville Road, Lawrenceville, NJ 08648

What people have been saying about Brain Injury Basics:

- “A very comprehensive overview of the topic of brain injury.”
 - “A lot of information in an easy to understand format.”
- “A lot of my questions were answered and I realized that my family is not alone. Many others are experiencing the same things we are.”

4 free Adjustment to Brain Injury sessions:

- **March 6, Tuesday, 6:00-8:00pm, Cumberland County** – HealthSouth Rehabilitation Hospital of Vineland, 1237 West Sherman Avenue, Vineland, NJ 08360
- **September 18, Tuesday, 6:00-8:00pm, Ocean County** – Southern Ocean County Hospital’s Family Resource Center @ The Ocean Club, 700 Route 9, Stafford Twp., NJ 08050
- **October 9, Tuesday, 6:00-8:00pm, Middlesex County** – JFK Rehabilitation Institute Center for Head Injuries, 2048 Oak Tree Road, Edison, NJ 08820
- **November 14, Wednesday, 6:00-8:00pm, Morris County** – Kessler Institute for Rehabilitation, 201 Pleasant Hill Road, Chester, NJ 07930

REGISTRATION FORM
Brain Injury Basics & Adjustment to Brain Injury - 2012

Please complete the information below. Please type or print clearly.

First Name:

Last Name:

Title & Organization (if applicable):

Mailing Address:

City:

State:

Zip:

Phone Number:

E-Mail Address:

Register me for the following session:

- | | | | |
|---------------------------------------|------------------------------------|------------------------------------|---------------------------------------|
| <input type="checkbox"/> January 25 | <input type="checkbox"/> March 1 | <input type="checkbox"/> March 6 | <input type="checkbox"/> March 27 |
| <input type="checkbox"/> April 19 | <input type="checkbox"/> April 26 | <input type="checkbox"/> May 15 | <input type="checkbox"/> September 18 |
| <input type="checkbox"/> September 25 | <input type="checkbox"/> October 3 | <input type="checkbox"/> October 9 | <input type="checkbox"/> November 14 |

In addition, the Association also offers the following educational opportunities:

- **Annual Seminar:** A 2-day conference on May 17-18, 2012 for professionals, family members and people with brain injury to learn more about the most recent developments in the field of brain injury and services available for those affected by brain injury.
- **Regional Trainings:** Free full-day trainings in the spring for health & human service workers to learn more about brain injury.
- **Coming Soon:** New training opportunities for professionals and those affected by brain injury. Take advantage of easy to access webinars and experts presenting Traveling Workshops about brain injury.

If you would like to learn more about these educational opportunities, sign up for E-News today by providing your e-mail above and checking yes below, or visit our website at www.bianj.org.

Would you like to receive E-News, our monthly electronic newsletter? Yes

Please mail or fax registration to: Brain Injury Association of New Jersey, 825 Georges Road, 2nd Floor, North Brunswick, NJ 08902, Fax: (732) 745-0211 or register online at www.bianj.org.

For more information, please contact the Brain Injury Association of New Jersey:

Telephone: (732) 745-0200 ▪ Helpline: 1-800-669-4323 ▪ Fax: (732) 745-0211

Website: www.bianj.org ▪ E-Mail: info@bianj.org

DATED MATERIAL

**BRAIN INJURY BASICS
&
ADJUSTMENT TO BRAIN INJURY
2012**



Our mission is to support and advocate for individuals affected by brain injury and raise public awareness through education and prevention.

**BRAIN INJURY BASICS
& ADJUSTMENT TO BRAIN INJURY - 2012**

Brain injury happens in an instant.
It affects a family for a lifetime.
Come learn information that will help you and your family.

Each session will be facilitated by Peggy DiTommaso, MSW. Peggy has worked with families affected by brain injury at both the trauma center level and in brain injury rehabilitation. For over 20 years, Peggy has volunteered her time as the support group leader for the Brain Injury Association of New Jersey affiliated support group in Monmouth County.
